

Community Center Classes for Spring 2018

Days	Class	Time	Age	Cost	Begins
Monday	Kidtastic Corner (M/W/F)	9 AM-12 PM	3-5	Resident: \$160 Monthly Non-resident: \$220 Monthly	Ongoing
	I Love Spanish (M)	10:00-10:30 AM 10:30-11:00 AM	3-6	Resident: \$175 / 8-week session Non-resident: \$185	2/26
	Learn French (M)	12:00-12:30 PM	3-6	Resident: \$165 / 8-week session Non-resident: \$175	2/26
	Zumba (M&W)	7-8 PM	Adults	One-time trial class \$7 *\$65/10-week session \$75 Non-resident 2 Classes per week	2/26
	Taekwondo (M&W)	7-8 PM	6-12	*\$50 monthly 2 Classes per week	Ongoing
Tuesday	G20 Fitness – Shape Up Series (T/F)	6:30-7:30 AM	Adults	*\$100 monthly or \$15 per class 2 classes per week	Ongoing
	Dance Fit	9-10 AM	Seniors	Free for Silver Sneaker members \$2 per class for non-members	Ongoing
	Pee Wee Dance	10:00-10:30AM	2 years old	\$115 resident /8-week session \$15 trial \$125 non-resident	2/27
	Kids Groove Combo (Ballet & Tap)	10:30-11:30 AM	3-4	\$140 residents / 8 – week session \$150 non- resident \$15 trial	2/27
	Learn French	12-1 PM	6-12	\$204 residents / 8 – week program \$214 residents	2/27
	MMA/Kickboxing (T/Th)	7-8 PM	4-12	*\$80 monthly 2 Classes per week	Ongoing
	Pilates	7-8 PM	Adults	One-time trial class \$15 *100/10-week session 1 class per week	2/27
Wednesday	Kidtastic Corner (M/W/F)	9 AM-12 PM	3-5	*Resident: \$160 Monthly *Non-resident: \$220 Monthly	Ongoing
	Indoor Cycling	8:45-9:45 AM	Adults	One-time trial class \$20 *\$60 monthly 1 class per week	Ongoing
	Adult Hip Hop	10:00-11:00 AM	Adults	*Resident: \$140/ 8-week session *Non-resident: \$150/ \$15 trial	2/28
	Kids Hype Hip Hop	5:00- 5:45 PM	5-6	*Resident: \$120/ 8-week session *Non-resident: \$130/ \$15 trial	2/28
	Snapology	3:30-5 PM	7-14	*\$100 monthly 1 class per week One-time Trial class \$30	Ongoing
	Gymnastics	4:45-5:30 PM	4-7	*\$95/ 10-week session 1 class per week One-time Trial class \$10	2/28
	Zumba (M/W)	7-8 PM	Adults	*\$60/ 10-week session 2 Classes per week	2/28
	Taekwondo (M/W)	7-8 PM	6-12	*\$45 monthly 2 Classes per week One time Trial class \$15	Ongoing
Thursday	Chair Exercise	9-10 AM	Seniors	Free for Silver Sneaker members \$2 per class for non-members	Ongoing
	Foundation Training	10-11 AM	Adults	One-time trial class \$20 *60 monthly 1 class per week	Ongoing
	Snapology Jr. Engineers	3:30-5 PM	4-6	One-time trial class \$30 *\$100 monthly 1 class per week	Ongoing
	Learn French	6:00-7:00PM	14 and above	\$204 residents / 8 – week program \$214 non -residents	3/1
	MMA/Kickboxing (T/Th)	7-8 PM	5-12	*\$80 monthly 2 Classes per week	Ongoing
Friday	G20 Fitness – Shape Up Series (T/F)	6:30-7:30 AM	Adults	*\$100 monthly or \$15 per class 2 classes per week	Ongoing
	Kidtastic Corner (M/W/F)	9 AM-12 PM	3-5	Resident: \$160 Monthly Non-resident: \$220 Monthly	Ongoing
	I love Spanish	10:00-11:00AM	15 and up	\$214 residents / 8 – week program \$224 non- residents	3/2
Saturday	Yoga	10:30-11:30 AM	Adults	One-time trial class \$10 *74/8-week session 1 class per week	3/3
	CARE- Cooking, Art, Reading, Enrichment Book, Chat and Chew -1,3,5 th Sat. Art Academy – 2,4 th Sat.	9:45-10:45 AM	5-8	*\$20 monthly 1 class per week	Ongoing

*Subject to \$5 registration fee and tax. Non-residents pay an additional \$10 non-resident fee.
Suggestions for a class? Email kreception@plantation.org or call 954-797-2180