Swim & Dive
Ages 4 - 9
Learn proper swimming and diving skills. The first and most important skill is safety. Encourages young athletes through proper discipline and exercise, improved motor skills, cardiovascular, muscular development and good health.
Class begins the first Tuesday of any month, April through September.
Tuesday and Thursday - Choose 2:30 p.m. - 3:15 p.m. or 6:00 p.m. - 6:45 p.m.
Resident: $125 + tax per month, Non-Resident: $135 + tax per month (8 classes) + $20.00 annual AAU Diving registration (exp 8/31).

Springboard Diving Lessons
Ages 5 and up
Learn proper springboard diving techniques. Must be water safe. Minimum enrollment is 6.
Class begins the first Tuesday of any month, April through September.
Tuesday and Thursday from 5:00 p.m. – 5:45 p.m.
Resident: $125 + tax per month, Non-Resident: $135 + tax per month (8 classes) + $20.00 annual AAU Diving registration (exp 8/31).

Springboard Diving Team
Ages 5 and up
The Springboard Diving Team is for divers who have been trained in competitive diving through the Swim & Dive program or through Diving Lessons. Divers who want to train for competitive diving enroll in the Diving Team program.
For ages 5 & up Monday, Tuesday, and Thursday.

For further information regarding Dive Programs, please call Jennifer Floyd (954) 899-8717.

Pool Membership is required for all Dive Team participants.
Age Group and Masters Diving programs are also available.

The City of Plantation will provide reasonable accommodations for disabled individuals requesting special assistance in order to attend or participate in meetings, classes or events; provided however, that a request for such assistance is made to the Parks & Recreation Dept. 954-452-2507 at least five (5) calendar days prior to the meeting, class or event. All City of Plantation brochures, programs and pamphlets are available in alternative format upon request. Please call 954-797-2648.